



**SAULT
COLLEGE COURSE OUTLINE**

INSTRUCTIONAL HOURS: 1.5

RECOMMENDED PRE-REQUISITE(S): N/A

CO-REQUISITES: N/A

APPROVED FOR USE IN ACADEMIC SEMESTERS: 2013-2014

COURSE DESCRIPTION:

Some workplaces are a source of great anxiety for employees. Living in a culture of fear, these employees do not shine as they are meant to. Instead, they stay closed and risk less. For an innovative and creative approach to maximizing your organization's potential, you will want to learn how to help create an optimal environment where employees can thrive, grow, and be the best they can be. Only in this way, can you reach the goals you have set and then, exceed them.

RATIONALE:

This course examines the growing trend to allow "feeling" leaders and employees in the workplace. It seeks to share the advantages and possible drawbacks of being a compassionate leader, and how to move towards being more compassionate as a person and as a professional.

COURSE DELIVERY:

The course content will be presented primarily through small group-based discussions between participants that are facilitated by the instructor. Paired discussions, entire group debriefs and sharing, some writing and reflection, and some lecture or coaching from the instructor will be delivered. Participants will be encouraged to continue their work on personal development strategies and exercises begun in class through independent study and future classes after the course is completed.

LEARNING OBJECTIVES/OUTCOMES:

Upon successful completion of this course, the student will be able to:

- Identify the main characteristics of compassionate leadership
- Become more aware of instances they have experienced with compassionate leaders as well as those who are not compassionate
- Determine how to "grow" compassion
- Identify the behaviours of a compassionate leader

TOPICS

The topics covered in this course revolve around the idea of compassion as a leadership style. The course will cover:

- How to define compassionate leadership
- Identifying strengths that participants already possess
- Uncover perceptions related to compassionate leadership in the workplace
- Sharing past experiences with leaders who were not compassionate
- Understanding behaviours that compassionate leaders exhibit

REQUIRED COURSE MATERIAL: (to be purchased by the learner)
Not applicable.

STUDENT EVALUATION

The student's progress will be recorded using the following grades.

S - Satisfactory achievement in field /clinical placement or non-graded subject area.

U - Unsatisfactory achievement in field/clinical placement or non-graded subject area

Teaching Contact

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Academic Manager Signature

"Ted Newbery"

NOTICE TO ALL
STUDENTS:

We urge you to retain this course outline for future reference. There is a charge for additional copies.